

**CIRCLE for TRANSVERSAL SKILLS**  
identified in project activities relating to NON FORMAL and INFORMAL education



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**TRANSVERSAL SUB-COMPETENCES**

**Critical Thinking**

- Ability to analyse / decode meaning
- Ability to reflect
- Non-judgemental attitude
- Ability to think constructively
- Understanding skills
- Evaluative skills
- Ability to discern shades of meaning

**Motivation**

- Social- and self-awareness
- Creativity
- Goal Setting & future vision
- Persistence
- Flexibility
- Commitment
- Confidence

**Taking responsibility & Mentoring**

- Sense of responsibility
- Management and self-management
- Supportiveness
- Empathy
- Willingness to help others
- Patience
- Communication

**Civic and Social Attitudes**

- Ability to build and engage in new networks
- Community integration
- Change & development of mindset and behaviour
- Conception of common values
- Willingness to help others
- Sense of citizenship
- Collaboration and cooperation
- Communication

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**Cultural and Inter-cultural Awareness**

- Wider perspective on the world
- Respect
- Human Rights
- Sense of Equality
- Openness to multi-culturalism
- Sense of identity

**Communication & Conflict management**

- Active Listening
- Public Speaking
- Non-verbal communication
- Clarity
- Ability to debate
- Persuasion
- Respect
- Empathy
- Flexibility
- Assertiveness
- Cooperation

**Creativity/Innovation**

- Imagination
- Experimentation
- Willingness to engage and try new things
- Open-mindedness
- Outward-looking

**Teamwork**

- Trust
- Taking responsibility
- Understanding / Empathy / Balance
- Sharing
- Supporting others

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**Managing diversity & Adaptability**

- Self-awareness and willingness to improve
- Emotional control
- Positive experiences of success leading to self-efficacy
- Developed a sense of resilience
- Stress & Time Management
- Willingness to compromise
- Growth Mindset
- Equality
- Sense of fairness
- Rejection of discrimination
- Open-mindedness

**Problem Solving**

- Ability to identify problems
- Acceptance of problems
- Ability to look for help
- Ability to compartmentalize the problem and deal with it in parts
- Development of resilience
- To evaluate and learn from problem solving